

# THE CHINOOK ADVANCE

Vol. 15

Chinook, Alberta, Thursday, May 8, 1930

No. 3



## Red & White Store

### Special This Week

Blue Ribbon Tea or Coffee	59c
Sweet Mixed Pickles	41c
Palmolive Soap	4 for 25c
Dorothy Milk	3 for 40c
Pork and Beans	4 for 43c
Shredded Wheat	2 for 23c
Rhubarb	4 lbs for 25c

We find business improving—THERE'S A REASON

Butter 35c

Eggs 20c

### Acadia Produce Co.

QUALITY-ECONOMY-SERVICE

C. W. RIDEOUT

GEO. E. AITKEN

## Don't Gamble With Car and Radio Batteries

BUT BUY A  
**U. S. L.**

Priced from \$9.75 Fully Guaranteed

**COOLEY BROS.**  
Phone 10, Chinook

A meeting of the business men of the village was held in S. H. Smith's store on Tuesday afternoon to discuss the question of good roads. Messrs L. S. Dawson and J. G. Connell were appointed delegates, jointly with representatives from other towns, to travel to Edmonton on May 19 to interview the Hon. Mr. McPherson, minister of public works, regarding the improvement of the roads throughout the district and the province in general.

WHEN YOU START THAT  
GARDEN OF YOURS WE  
CAN SUPPLY YOUR  
WANTS IN  
  
GARDEN SEEDS  
RAKES HOES

**Banner Hardware**

Fresh & Smoked  
**FISH**

Try Our Corned Beef

**BULK LARD**  
18c Lb

**CHINOOK MEAT MARKET**

### First Ball Game of Season

The first baseball game of the season was played in Chinook last Monday, May 5th, when the Cereal and Chinook school teams put up a real snappy battle. For the greater part of the game it looked like a walkover for Chinook, but in the lastinning Cereal made a real fighting finish, which brought to our minds the final ending of the world's series last year, and scored 8 runs to win—11 to 8. Everyone got excited, even the umpire. While the brand of ball was not all good, still some very pretty plays were made.

Although we would have liked to have seen the home team win, we are always ready to cheer for the winners in good clean sport.

Ask Jim Rennie what he thinks of our local barber as an umpire.

### Report for March and April

#### Grade I.

Jackie Wright 96  
Verma Murray 91  
Bobby Proudfoot 89  
Harold Rosenau 85  
Freda Milligan 80  
Peggy Lou Lawrence 78  
Cordon Marr 76  
Lorraine Sandman 69  
May McLean 59  
James Gilbertson 55

#### Grade II.

Rodney Brodin 88  
Billie McLean 85  
Edith Dawson 84  
George Marcy 84  
Peter Neufeld 81  
Maxine Hurley 78  
Frede Hormann 78  
Lester Barton 66

#### Grade III.

Mary Schmidt 88  
James Marcy 85  
Robert Marcy 82  
Eileen Proudfoot 81  
Siegfried Peters 80  
Marcel Massey 77  
John Schmidt 77  
Everett Vennard 77  
Joyce Milligan 75  
Jack Lee 72  
Alice Gilbertson 71.2  
Agnes Martens 71  
Jack Sandman 70  
William Hormann 68  
George Schmidt 67  
Isobel Vanhook 64  
Rudolph Pfeifer 63  
Audrey Rideout 60  
Arthur Pfeifer 59

#### Grade IV.

Edith McLean 60  
Robert Sandman 59  
Teddy Deneaire 84.2  
Jimmy Proudfoot 84  
Evelyn Vennard 83  
Helena Rosenau 82  
Harold Dressel 81  
George Dick 80  
Walter Rosenau 78  
Johnny Lloyd 72  
Gilbert Gilbertson 72  
Virginia Dressel 68  
Lorna Chapman 67  
Norman Jacques 65  
Evelyn Lawson 61

#### Grade V.

Kathleen Proudfoot 95  
Chester Rideout 86  
Mildred Brownell 85  
Ruth Hurley 83  
Jack Lander 77  
Florence Marr 76  
Billie McIntosh 72  
Norma Marr 63  
Earl Robinson 60

### Weed Control Program

The Alberta department of agriculture has now completed its plans for the weed control programme of 1930.

Under the field crops branch the province has been divided into 15 districts. In each of these districts a field supervisor will be stationed. His duties will be to co-operate with weed inspectors appointed by municipal councils, and in local improvement work, in general weed control work and the enforcement of the Noxious Weed Act.

Farmers of the province are urged to avail themselves of the services of these men. Their office centres are being advertised in this issue.

### Our Opinion of the "Times"

#### Article No. 3

We are convinced that we have converted all pessimists and cured permanently all crepe hangers, but on the faint chance that more is needed, read this: The C.P.R. has announced their intention of spending 25 million dollars preparing for greater business and six and a half million of this sum will be spent in development work in the Peace River district this year. Does this not indicate the vision, the confidence and the faith that large financial interests see in the future of Alberta?

This work of preparing for better times and will increase 'n volume as our mental balance and perspective return to us. Some of us as we have shown are already in it building new additions, installing new machinery, establishing more economic methods, improving our service, etc. As times advances thousands of others will join in such work, and it will hardly be completed before new and improved facilities will be pushed to the utmost to take care of the demand just around the corner.

A warranty for implicit confidence in the future of this province is to be found in the excellent location and adaptability to the whole scale of agricultural pursuits, the variety and richness of its natural resources and the success that has been achieved in the past.

Alberta stands ready to usher in the dawn of a new era of prosperity which will attract the attention of the whole world.

On every corner we hear the sad cry, "Money is scarce." It isn't, but the aforementioned crepe hangers and pessimists, who are always ready to quit and cry "hard times"—"hard times"—have temporarily stamped the rest of us into hanging on to our money. Before you throw this away, ask yourself these questions: "How much better off are you than when you came here?" "Where could you go and better your state?" "Are you doing your share of building and preparing for the wave of prosperity that is going to overtake us in spite of ourselves?" Or—are you a crepe hanger? Be honest with yourself and Alberta. Be a booster—not a knocker—let's go —A. S. Nicholson.

### Mrs. Ragna I. A. Gustafson

Funeral services for Mrs. Ragna I. A. Gustafson, 62 years old wife of John H. Gustafson, 1512 Twenty-second avenue west, Calgary, were conducted in Foster and Foster's funeral chapel, on Saturday afternoon, May 3, at 2 o'clock, with Rev. J. Erickson officiating. Interment was made in the Burnsland cemetery.

Mrs. Gustafson died at her home on Thursday, May 3. She was born in Stavanger, Norway, and emigrated to Canada with her husband in 1910, settling in the Chinook district. They moved to Calgary about a month ago. Deceased is survived by her husband, two sons (Wilfred and Louis, Calgary) and one daughter (Mrs. Mabel Anderson, Minneapolis).

A meeting of the members of the Chinook local of the U.F.A. will be held in the school hall on Saturday, May 17, at 8 p.m., for the purpose of electing delegates to attend the nominating convention at Cereal Hall, Cereal, on Wednesday, May 21st.

5 lb. Green Plume Evaporated Peaches - - - - - \$1.32

Pure Blackberry Jam .54

### Veg. Combination

2 Corn  
2 Peas  
2 Tomatoes } \$1.00

### Fruit Combination

2 Plums  
2 Pineapple  
2 Peaches } \$1.10

### McCormick's Jersey

Cream Sodas - 35c

Tomato or Vegetable  
Soup 12½c

Fancy Pink Salmon  
per can 22½c

Blue Ribbon Tea, per lb. 59c

Pure Strawberry Jam 55c

LUX GOLDEN RIPE SUGAR  
3 Boxes 30c BANANAS 2 lb 29c 20 lb Sack \$1.35

Our Freshly Ground Coffee 45c

Our Bulk Tea - - 49c

ALL LEADERS

QUALITY Should Be Considered as Well as Price

"CHINOOK'S LOCAL STORE"

**HURLEY'S**

Fresh Fruits

Fresh Vegetables

## The Acadia Hotel

Caters to the Farmers' Patronage

J. G. CONNELL, Manager CHINOOK

## Don't Get Your Feet Wet

RUBBER BOOTS & MUD RUBBERS ARE VERY CHEAP THIS SPRING

We have a few Sets of Harness left at Very Low Prices

2nd Hand 4-Burner Coal Oil Stove for Sale

Wednesday Half Holiday Starts May 7

**S. H. SMITH**

## Control Noxious Weeds

Untold damage has been done to Alberta's Crops by Noxious Weeds. Alberta requires the services of every good citizen to combat this growing menace.

### Know Your Weeds

Learn to recognize the common weeds. Report their presence. Become familiar with their habits. Control them.

For information consult local Weed Inspector, your nearest Field Supervisor at Lethbridge, Claresholm, Brooks, Medicine Hat, Hanna, Coronation, Leduc, Red Deer, St. Paul, Smoky Lake, Wainwright, Grande Prairie,

OR

the Field Crops Commissioner.

## Alberta Department of Agriculture

HON. GEORGE HOADLEY,  
Minister.

H. A. CRAIG,  
Deputy Minister.

We are glad to report that S. W. Warren, who had the misfortune to break his ankle about a month ago, is recovering and will soon be able to be around again. J. W. McLellan, of Heathdale, has rented his farm for the summer. It is his intention to visit Calgary, the oil fields at Okotoks and other places.

The Red Rose Tea guarantee means what it says. If not satisfied return the unused part in the package and the grocer will refund your money.

**RED ROSE**  
**TEA** "is good tea"  
RED ROSE ORANGE PEKOE is extra good  
In the best package—Clean, bright aluminum

### The West Helps the East

The reduced volume of wheat production in Western Canada last year, coupled with the serious tie-up in grain shipments owing to the absence of a profitable export market, has at least had the effect of opening the eyes of Eastern Canada to certain facts which formerly they did not realize, or at all events were loth to admit did exist.

For a long period of years, even in fairly recent years, the opinion was voiced throughout the eastern portion of the Dominion that the West imposed quite a drain on the East, that the East was taxed to provide immigration, transportation, and other services for the West, and for which the East received no adequate return.

Now, apparently, this view is no longer held, for we find such an outstanding Ontario paper as "Toronto Saturday Night," which more or less reflects the financial viewpoint of the city in which it is published, featuring an article which opens with the following paragraph:

"Behind the dark curtain of wheat—the emphasis which has been placed on failure of the last crop to move—the controversy over marketing methods with the resultant propaganda—is to be found the true economic status of the Canadian west. A clear and unbiased examination of the facts—the facts alone dissociated from the passions aroused by factional contention—is vital to east and west alike. Upon such knowledge only can the confidence of the manufacturer in his commitments for the summer and fall months of the year be founded. There is no disputing the fact that its men may expect to live a little over 60 years and its women about 62 years."

RHEUMATIC VICTIM  
FOR SIXTEEN YEARS

Dr. Williams' Pink Pills Restored Her Health

Rheumatism is a disorder of the blood. Wet, cold weather may aggravate it but that is not the cause. It is believed that uric acid is the reason. Re-build the blood and rheumatism will disappear. Dr. Williams' Pink Pills enrich and purify the blood and that makes good health.

Mrs. John McPherson, St. Mary's, Ont., writes:—"For sixteen years I was a victim of rheumatism. For eleven years I was unable to walk. But I had no hope. My treatment failed. I was utterly disheartened till I heard how strongly Dr. Williams' Pink Pills were recommended for cases like mine. I began their use and in a few weeks the pain lessened. I now walk and do housework. It is wonderful what these pills have done for me."

Dr. Williams' Pink Pills do one thing well—they enrich and purify the blood. This rich blood banishes rheumatism, sciatica, neuralgia and neuritis and promotes health and strength. They are sold by medical dealers or by mail at 5¢ cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

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Out of the troublous times and somewhat bitter experiences of the last season there has come the happy realization, both east and west, of our dependence on each other; of our common interest in the welfare of each other; in our joint pride and concern in the progress and prosperity of our common country.

To the West, too, it is gratifying to know that it is a vital factor in promoting the prosperity of the manufacturing industries of the East. That is as it should be. The West desires to help Canada forward. It is anxious that the settlement of its broad acres and the fertility of its soil should result in big and profitable business for the East. The West prefers Canadian-made goods above all others, and it is a source of real gratification to our people to realize that we have it in our power to confer the benefits of increased business and prosperity upon our fellow Canadian citizens east of the Great Lakes.

The things are deeply significant. It is well known that freight rates on grain in Western Canada are much lower than they are on railways in western grain areas of the United States, and to that extent the Western Canadian farmer has an advantage over his United States competitor in world markets. It is, however, gratifying to know that such advantage is not gained by imposing actual loss upon the transportation companies of this Dominion.

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Establish Reference Monuments

Canada's Scholars

Latest government figures—those of 1923—show nearly two and a half million scholars in Canadian educational institutions, or 234,239 in exact figures, of whom 205,429 attended publicly controlled kindergartens, elementary and secondary schools. The attendance at the 23 universities in Canada was 55,042 of whom 20,000 were women.

Not so many years ago, farmers regarded sweet clover as a persistent weed; now they cultivate it for hay and pasture and to improve the soil.

Fair Booklet Issued

Under the title "Hints for Exhibitors," the provincial department of agriculture has issued a booklet that deals with exhibits and the preparation of exhibits for the World's Grain Exhibition and Conference that will be held in Regina July 25 to August 6, 1932. Copies may be secured by applying to the department. Hon. W. C. Buckle, Minister of Agriculture, is chairman of the executive Saskatchewan committee.

Heal the Sprain with Minard's.

Law With Teeth

Two thousand Austrians though several thousand miles removed from America are kept dry by a prohibition law that teeth in them. They know what to do. Crude and harmful methods will never appeal to you. Go prove it on your own sake. I may say a great many different things. Be sure to get the genuine Phillips' Milk of Magnesia prescribed by physicians for 50 years in correcting excess acids. Each bottle contains full directions—any druggist.

Sick stomachs, sour stomachs and indigestion usually mean excess acid. The stomach nerves are over-stimulated. Too much acid makes the stomach and intestines sour. This form is Phillips' Milk of Magnesia because one harmless, tasteless dose neutralizes many times its volume is acid. Since its invention, 50 years ago, it has remained the standard with physicians everywhere.

Average Lifetime In India Very Short Record For New Zealand Is Highest In World

The country which leads the world in the average lifetime of its people is not in either Europe or America, but in New Zealand, where at the beginning of the decade, a male child at birth could look forward to 63 years of life and a female to over 65 years, according to the statistics offered by Louis T. Dublin, in his article "Can We Extend the Life Span?" in the May number of Harper's Magazine.

In Australia the expectation of life is two or three years less, but is, nevertheless, higher than that of any country in either America or Europe. At the other end of the scale stands India, where the expectation of life reaches the amazingly low figure of 22 years for males and 23 years for females, a figure about equal to that of the people of Rome under the Empire.

In the United States the expectation of life is about 59 years, being a little less than that for males and a little more for females. There has been an extension of 9 years between the years 1900 and 1927. In Europe Denmark has the best standing as shown by the fact that its men may expect to live a little over 60 years and its women about 62 years.

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## Expect National Livestock Policy Recently Formulated Will Greatly Aid Industry

Involving the appointment of a committee of three, and federal apportionment of \$1,000,000, a national livestock policy has been formulated by the Canadian Livestock Co-operative organizations, following the recent all-Canada agricultural conference in Ottawa, it was announced by W. D. Mackay, president of the Canadian Livestock Co-Operative.

It is proposed that the committee of three, comprising a representative of the livestock co-operatives, a representative of the federal department of agriculture and a third to be chosen by these two, have the direction of the national policy, which will involve the construction of two demonstration abattoirs, one in eastern Canada and one in the west.

Location of the western plant has not been decided yet, but there is some possibility it may be built in Regina.

The purpose of the policy is to enable producers to secure information in regard to processing, distribution and marketing, as well as production, so that not only will costs of processing be determined, but also grades may be established on a proper basis for both live animals and meat products.

"Under present conditions the producer is afraid to increase his production. It is essential he receive some assurance that his efforts will not be met by greater losses."

For the same period total marketings of Canadian cattle have declined 108,000 head, and hogs, 160,000.

"The seriousness of the trend can readily be grasped when the importance of the livestock industry to agriculture and the importance of agriculture to the national welfare is considered. Because of the relationship between agriculture and industry the problem is of great interest to the city man as the farm residence, and it affects the welfare of eastern Canada just as it does that of the west.

"Monies have been expended for research and laboratory work in connection with other commodities, and it is just as imperative that similar assistance be given to the livestock industry, at present a declining national asset. If steps are not taken to put it on a parity with other industries, all industry will suffer."

"Under present conditions the producer is afraid to increase his production. It is essential he receive some assurance that his efforts will not be met by greater losses."

### Launches "Helene"



Miss Nesta Gillies, daughter of Captain James Gillies, C.B.E., general manager of the Canadian Pacific Steamships, Ltd., who launched the "Princess Helene" from the yards of Messrs. Wm. Denny & Brothers, Ltd., Dumbarton, on April 29th.

The "Princess Helene" will have a tonnage of about 4,000, and her port of registry will be Saint John, N.B. She is intended for the Canadian Pacific Bay of Fundy service.

### Who Controls Canada's Wealth

**Estimates Show Largest Per Cent. Of Securities Held By Canadians**

All this talk about Wall Street owing Canada does not stand up before facts.

The wealth of the Dominion is between \$28,000,000,000 and \$30,000,000,000 according to the latest figures of the Dominion Bureau of Statistics. Of this sum outside capital makes up \$5,904,000,000, or not more than one-fifth of the whole. And this one-fifth is by no means all in the hands of American neighbors. More than \$2,000,000,000 of the amount belongs to the British Isles, the United States share being \$3,470,000,000.

Further, the bureau estimates that from 55 to 65 per cent. of the securities of all enterprises on Canadian soil are in Canadian hands, and that, in addition, Canadians have invested abroad the sum of \$1,745,815,000, of which nearly \$1,000,000,000 went to the United States.

In other words, Canada's 10,000,000 people have invested outside of their own country something like 30 per cent. of the amount that represents outside investments in Canada.

### Idea Might Be Useful

**Ontario Town Has Use For Old Motor Cars**

Never again will wornout motor cars be discarded to the scrap heap in this locality. A new use has been found for them.

More than 150 motor relics were taken to Gressy some time ago and placed along the shore of Lake Ontario and filled with stone. The water in the lake is high at present and formerly the sea continually swept over the road, practically ruining it to traffic.

The automobile breakwater, however, has proved successful and the road is now in first-class condition.

### Prince Will Launch Liner

**Heir To Throne Is Sponsor For New C.N.R. Boat**

Believed to be the first time that a giant passenger liner has been sponsored by the heir to the throne the recent announcement that the Canadian Pacific new ship will be launched by H.R.H. the Prince of Wales has been greeted with great acclaim by the press in all sections of the British Isles.

The Glasgow Herald commented editorially to the effect that it is "a matter of great satisfaction to the people of Scotland that the Prince is coming to perform this important ceremony. It is peculiarly fitting that the Empress of Britain should be christened by H.R.H. for an indissoluble link between the Clyde and the Dominion has been forged to no small extent through the efforts and example of the Prince."

A tribute is paid in the same paper to the series of fine Canadian Pacific ships that have recently been built on the Clyde.

In addition to the launching of a passenger vessel by H.R.H. being unusual, it is remarked upon that quite a departure from precedent has been made in the fact that a lady usually performs the act of sponsorship.

The last occasion upon which royalty officiated at a passenger liner's launching was when H.R.H. the Duchess of York sponsored the 20,000-ton Canadian Pacific liner that drove from the fields the men who dropped or sowed grain by hand. Corn huskers, shellers, riding plows, hay loaders, potato diggers, tractors, gas engines and other prime inventions made a change in the cultivation of the soil scarcely less profound than that wrought by the spinning jenny, the loom, and the blast furnace in the methods of manufacture.

The man or woman with a hoe, bowed by the weight of centuries, now mounted a tractor and drove a furrow with the knock of a motorist. If, unlike the industrial operative, the farmer worked alone in the open country, still the automobile, rural postal service, telephone, and radio now gave him quick communication with the market, bank and grange.

**Predicts Speedier Motor Cars**

WILL Come With Better Highways, Says Sir Henry Segrave

Automotive racing cars which will travel so fast that the human eye will be unable to record their passage are mechanical eventualities—speedsters on land which will outrival the swiftest aircraft that have been designed for cruising among the clouds.

That, at least, is the prediction of Sir Henry Segrave, owner and driver of the world's fleetest automobile, the spectacular "Golden Arrow" which was powered to attain a maximum speed of four miles a minute and which was timed at Daytona Beach at the unparalleled velocity of 231 miles an hour.

Sir Henry Segrave maintains, "That 'Scientific American,' that with the eventual building of super highways in the United States, and with future perfections of the ordinary motor car, American motorists will travel at speeds from 100 to 150 miles an hour during their cross country tours with as great safety as they now journey at forty-five miles an hour. He says that at present there are ten makes of cars built in England which can do 100 miles an hour or better on present tracks and the finest roadways.

**May Be Lucky**

Deep in the wilds of New Jersey lives a man of seventy-eight who has never seen an automobile. Well! There are a lot of angels who might have been boasting of seventy-eight years on this earth today, were it not for the fact that they failed to see an automobile . . . a certain speeding one, at least.

**FORCED DOWN BY FOG**

USED to be the proud boast of the Ontario farmer's wife that she "kept her table" with her butter and eggs. And most of them used to clothe the family, too, in the same way. Most farmers can afford to pay cash for "eats" that should be grown on the farm. Specialized farming communities prosper during favorable cycles, but the lean years which invariably come, usually leave a trail of disaster for the one-crop enthusiast.—Vancouver Province.

## Development Of Extensive Fish Industry In Hudson And James Bays Planned

### Farming By Machinery

**Mechanical Aids Have Followed Each Other In Quick Succession**

Early in the day, on farms large and small, the inventor and manufacturer largely repeated their triumphs in factories and mills. Their reaper had started a revolution on the land before the Civil War. But that crude device, which merely cut the grain and left it unbound in piles, was superseded by the automatic self-binder, and later, in the Far West, by a machine that cut, threshed and bagged wheat ready for the market all in a single operation.

In 1870 the chilled steel plow, light and durable, was available at a low cost to farmers long accustomed to the heavy, back-breaking implement of ancient memories.

Swift in succession came mechanical corn planters and wheat drills that drove from the fields the men who dropped or sowed grain by hand.

Corn huskers, shellers, riding plows, hay loaders, potato diggers, tractors, gas engines and other prime inventions made a change in the cultivation of the soil scarcely less profound than that wrought by the spinning jenny, the loom, and the blast furnace in the methods of manufacture.

The man or woman with a hoe, bowed by the weight of centuries, now mounted a tractor and drove a furrow with the knock of a motorist. If, unlike the industrial operative, the farmer worked alone in the open country, still the automobile, rural postal service, telephone, and radio now gave him quick communication with the market, bank and grange.

**Dairying As Side Line**

**Good Profit Can Be Made From Butter Sales**

H. R. McMillan in a speech before the Vancouver Board of Trade, tells us that Canada imports 20 per cent. of the butter supply she uses.

The Ontario farmer (which, of course, includes the farmer's wife), didn't make Ontario the province it is today by buying butter. And that is one of the first lessons the Western farmer has to learn—that if he is to take care of the lean years and the poor markets—he must go into farming in all its branches—he must keep cows and make his own butter, he must raise his own poultry.

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### The Great Northern Plains

**Area In Dominion Furnishes Pasture For Musk Ox Caribou**

There is an area in Northern Canada lying between the timber-line and the tide-water of the Arctic Ocean and Hudson Bay, which includes about 500,000 square miles or nearly one-seventh of the area of the whole Dominion. Although not producing trees this area is not barren but provides pastureage, in places luxuriant, for the migratory musk ox and caribou. Several exploratory expeditions have been made through portions of this area during recent years by surveyors of the Topographical Survey, Department of the Interior.

### Invents Airplane Trolley

Combining the features of the airplane and the over-head trolley, Joseph Archer, a French engineer, has perfected a new electric trolley capable of a speed of 150 miles an hour. The invention will be demonstrated in Paris shortly. The car is similar to that of the airplane. It travels on a monorail. Fin-like wings projecting from the sides support much of the car's weight when in motion. It can be brought to stop within 300 feet by reversing the propeller.

### Source Of Cheap Leather

Seeking to turn every part of the whale into profitable use, Norwegian whalers, with the aid of a Swedish chemical engineer, have perfected a process of converting the huge animal's intestinal membrane into a tough, almost indestructible and cheap leather for gloves.

Prospects of developing an extensive fishing industry in Hudson Bay and James Bay are scented by the Dominion Government. Some time this year the Department of Fisheries plans to send an expedition northward to find out just what fish, if any, there are in the great northern inland sea.

The completion of the Hudson Bay Railway to Churchill and the announcement of plans to push the Temiskaming and Northern Ontario Railway northward to James Bay make an investigation of the fish resources of the area important. Although there has been no means of getting fish out and consequently no attempt at commercial fishing, rail communications, however, will bring the Bay close to the great inland fish markets of the continent and provide for prompt delivery of fish to southern Ontario, the prairie provinces and the central states.

This expedition will be composed of practical fishermen accompanied by a scientist. They will sail northward in a regular fishing ship, possibly a trawler or perhaps a schooner. Owing to the tremendous area of water to be investigated it is felt the expedition will require at least two years to complete its work.

The fish explorers, as they may be called, will sail about the bay dropping anchor here and there and catching whatever fish are available. They will observe and note the varieties of fish and the quantities in which they are found, also the condition under which fishing operations would have to be carried on and the type of boats required for successful commercial operations.

Although men have sailed over and lived in the bay for centuries there is no accurate knowledge of the fish to be found there. It is known that fish are plentiful in rivers emptying into the bay but no one knows whether they exist in the bay itself. The only fishing ever done in the area has been on the small scale demanded by immediate local consumption. Consequently the only catches have been made in the rivers and in the bay about the mouths of rivers and in the neighborhood of settlements.

The department feels it is best to make its investigation early before attempts are made at commercial fishing. In this way they may be able to avoid loss to private individuals. But they will also determine in advance the regulations which should apply to any commercial fishing which might develop there and will avoid the difficulty of imposing regulations on fishermen who have already established their business.

### To Take Canadian Census

**Will Give Employment To 15,000 Persons Next Year**

Preparations are under way for the decennial census of Canada to be taken in 1931, giving employment to 15,000 persons. The whole country will be covered by information seekers, getting statistics as to population, births, deaths, migrations, sex, nationality, age and operations. Production in all its forms, including mining, transportation, marketing, and finance will be looked into. Altogether there are 36 main headings in census classification and 50 sub-section headings.

### Ice From Desert Sands

Torrid desert sands may furnish the ice of the future, and it will be twice as cold as any ice made from water. The commercial possibilities of "dry ice" from carbon-dioxide wells lying beneath the arid stretches of western Colorado and eastern Utah are being stressed by the United States Department of the Interior.



"You are short-sighted and don't wear glasses?"  
"I do, but I hate them so that I only wear them when I am asleep."—Pages Gales, Yerdon.



### How To Order Patterns

Address—Winnipeg Newspaper Union, 175 McDermot Ave., Winnipeg

Pattern No. \_\_\_\_\_ Size \_\_\_\_\_

Name \_\_\_\_\_

Town \_\_\_\_\_

Ship's Cook (to new helper) — "Ever been on a ship before?"

Helper—"Sure. I was a gunner in the Navy."

Cook—"Well, start right in and shell the peas."



(By Eva A. Tingey)



7079

**CHILDISH AND COZY**

All Tingey models are created and sketched in Paris and the patterns are made in New York.

For the more advanced mothers have learned there are few cuts more suitable and becoming to the wearer than those of the type pictured.

With today's pattern one could make numberless little dresses for little Elizabeth, Ann and Mary Jane, and, with variation of color and material, make each model look interesting.

The original dress in a daintily flowered thin wool of the chassis type, was of pale yellow with pink flowers and bindings. Plain white with white dimities would be adorable; so would white dimities and spotted swiss with pale colored edges. Other schemes are checked and spotted or flowered cottons with contrasting red and wood or cotton voiles. Wash silks are also lovely for such little frocks.

This pattern may be obtained in sizes 2 to 12 and is suitable for immediate delivery. It is hand cut.

Pattern price 25 cents. Be sure to fit in size of pattern. Address Pattern Department.

How To Order Patterns

Address—Winnipeg Newspaper Union, 175 McDermot Ave., Winnipeg

Pattern No. \_\_\_\_\_ Size \_\_\_\_\_

Name \_\_\_\_\_

Town \_\_\_\_\_

Ship's Cook (to new helper) — "Ever been on a ship before?"

Helper—"Sure. I was a gunner in the Navy."

Cook—"Well, start right in and shell the peas."



Prices from  
\$2.00  
to  
\$4.00

Watch for the SMP label  
of quality on all Enamelled  
Kitchen Utensils you buy.



### WORLD HAPPENINGS BRIEFLY TOLD

There are 27 aeroplanes in use by the Canadian Government at present. Canada has spent \$63,856 in sending delegations to the International Labor convention at Geneva, since 1925.

Earl Brydges, champion dog-team driver of the world, is to become a resident of Ontario and Quebec. He is taking with him the team which sped to the world's title at The Pari dog derby this winter.

Navigation on the Great Lakes officially opened April 28, with the arrival of the "Hannibal" and "Noronic," at Port Arthur, with 3,000 tons of package freight for Western Canada points.

For the eleven months ending February 28, 1930, a total of 406,989 radio licenses had been issued in Canada. Ontario with 201,941 receiving sets leads Canada. Saskatchewan has 31,266; Alberta, 20,574 and British Columbia 34,426.

The vaults of the Bank of France now hold more than one-sixth of the gold reserves of the world. France stands second in this respect only to the United States. Her present reserves exceed those of Germany, Italy and Britain combined.

So far this year, there have been 29 forest fires break out in British Columbia. The extent of the conflagrations was limited, however, with resultant damage comparatively light. There were 49 outbreaks during the same period, last year.

The body of Robert Bridges, poet laureate of England, was cremated at Golders Green, with such secrecy, that even the closest friends of the family were unaware of it. The poet's widow and daughter were among the few who were present. There were no flowers.

The route to Mayfair, Saskatchewan, where they have purchased land, Louis Nadeau, accompanied by his family and a brother and sister, arrived at North Portal from Chicopee, Mass., in a truck fitted up as a home. They are returning Canadians and made the whole trip by motor.

**Industry Growing In Value**  
The value of the mining industry to Manitoba is strikingly shown in a report of the Manitoba Chamber of Mines, which shows expenditures for the year 1927-28 as follows: 1927, \$1,535,610; 1928, \$4,853,185; 1929, \$12,302,926. The wages item shows expenses in 1929 to have been eleven times a great as in 1927.

### NERVES WERE BAD

Could Not Sleep

Tired All Day Long

Miss Florence Coulter, Park Lake, Ont., writes—"I was troubled with my nerves, could not sleep at night, and felt tired all day long."

"A neighbor came in to see me, one morning, and advised me to take



"The first box did me good and after the sixth box I was able to go back to my work."

Price, 50c. a box at all druggists and dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

J.W. N. U. 1836

### Endured Years Of Hardships

#### Austrian Soldier Returns Home, But Is Now Italian Citizen

From the little village of Campi, near Trento, Italy, August Lorenz, 38, departed, 15 years ago as an Austrian soldier to fight the Russians. He has just now returned after years of hardships to find himself an Italian citizen, because his village, by the fortunes of war, became Italian. Lorenz was captured by the Russians in 1914. He was sent to Semipalatinsk, then to Tomsk, Samara, Tambov and Gorod. He was made to cut down trees until the work broke his health.

Then he farmed out to a miller, with whom he was working at the time of the revolution in 1917. The Bolsheviks sacked the town and the mill, Lorenz died at night.

He passed several years of intense misery until in 1921 he became a farm hand. It was not until the following year was able to send a letter to his relatives in Campi. He did not then know that the war was over.

The next year, despairing of ever being able to leave Russia, he married the daughter of a farmer. In 1928 the authorities at Campi, through the Italian ambassador at Moscow, began to exert influence to allow him to return. But the Soviet government, because he had married a Russian, withheld his passport for four years. At last they let him go with only eight dollars and a few articles of clothing.

### Winnipeg Newspaper Union



(By Eva A. Tingey)



YOUTHFUL AND CHARMING

All Tingey models are created in Paris and sketched by her there. The patterns are made and adapted for American women in New York.

Juniors and their contestants sisters will love this smart little frock. It has box-pleating to finish the skirt and waist jauntily about.

The second giving such a professional effect are easily tucked, and these can be omitted if preferred. Returning to the box pieces again, you will note that these are large enough to keep well pressed quite easily.

While the collar and cuffs of the original model in sailor reps were of cream wash silk (tie in red silk), they would also be very effective in white.

The second giving such a professional effect are easily tucked, and these can be omitted if preferred. Returning to the box pieces again, you will note that these are large enough to keep well pressed quite easily.

Besides reps, crepeula, kasha, grena, fine serge, brocade, etc., are good.

This pattern may be obtained in sizes 12 to 20. It is \$1.00 for immediate delivery. It is hand cut.

Pattern price 25 cents. Be sure to state in size of pattern. Address Pattern Department.

How To Order Patterns

Address: Winnipeg Newspaper Union, 175 McDermott Ave., Winnipeg.

Pattern No. .... Size ....

.....

.....

Name ..... Town .....

Berlin, Germany, will have 15 exhibitions this year.

### Canadian Pacific Offer Attractive Summer Tours

Is your vacation anytime between May 15th and September 30th? If so, why not take one of two very interesting tours—at reduced rates—offered by the Canadian Pacific? Consider first the Eastern Tour and what it has to offer. It will enable the tourist to visit Ontario—with its famous lake resorts, old "habituants," and the Maritime Provinces and their equally interesting craft. The tourist may travel to these places entirely by rail, or may choose to travel some of the way over the cool waters of the Great Lakes on a great white Canadian Pacific Great Lakes Steamship.

Various Ontario resorts at the lakeside provide fishing and bathing and, in fact, all summer sports facilities. The beauty of the country attracts so many people from all parts of the world, is only one of the many other salient features of this tour. One may, on this eastern excursion, visit Niagara Falls, and the traveler will see the many picturesque Catholic shrines that are scattered along the shady Quebec country roads—the "habituants" and their past on their quiet farms drawn in oxen. In Montreal the visitor will be awed by contrasts. There, drawn up at the docks is the latest ocean liner—a product of the most modern engineering—and every shadow is the Bourgeois Marle, where the French "habitants" sell their farm-produce just as do their relations in the old land. Then again, the exotic and rare may pass by on as far as the Maritime—as far as St. Andrews where golfers and artists meet. In proportion to its size, there are more magnificent harbors and more prominent visitors in St. Andrews than any other town in Canada.

There is Digby, Nova Scotia—the fishing centre; Parrsboro—the Post and Gats of Nova Scotia; Yarmouth and Digby—the two main shipping centres and Old Orchard, Maine—a famous bathing resort.

**PACIFIC COAST**

Another fascinating excursion is that to the Pacific Coast. This allows of opportunities for the excursionist to see the coast and associated with the Canadian Rockies, to see beautiful Lake Louise, to enjoy a round of golf over the famous course at Banff Springs, or to stay a week or two in the Emerald Lake Country, enjoying the fresh mountain air and the scenery that is offered. One of the chief features of this tour in the nature of a side-trip, is a twelfth century castle, which will take the visitor by way of the famous Banff-Lake Louise region, through the Kicking Horse Pass to the Yoho Valley, perhaps the most glorious and varied trip that has ever been offered on this continent. Then on by train through pictureque British Columbia with its multitudinous industries to Vancouver, the "Empress of the West," capital of the province, renowned for its scenic resemblance to the Old Country. At this city, the famous Colwood Golf Course, the Dominion Astronomical Observatory with the largest telescope in the world, and Butchart's sunken garden, are the chief attractions. At Victoria, two famous excursions are offered: a ten day cruise to Alaska and a seven day cruise of the West Coast of Vancouver Island. To those whose vacation period is short, the famous Canadian Pacific "Trans-Canada Limited" will prove valuable if speeded travel. It is equipped with deluxe all-steering cars, solarium lounge, women's lounge and bath, men's bath, smoking room, buffet car, dining room, observation lounge and a valet service. It is finer and faster than ever, and the equipment of each train entails an investment of over a million dollars.

**KIDDIES DELIGHT**

3 cups milk.  
3 eggs.  
4 tablespoons sugar.  
1 teaspoon vanilla.  
1/2 teaspoon salt.  
Few grains nutmeg.  
Few grains cinnamon.

Beat the eggs until very light. Add the sugar, salt, vanilla and spices, then the milk. Stir till the sugar is dissolved, then beat well. Serve cold.

**Dairy Production Higher**

According to L. A. Gibson, provincial dairy commissioner, the winter dairy production in the province of Manitoba for the first two months of 1930 has been the highest in the history of the province, an increase for January of 0.9 per cent. and February 6.4 per cent. over 1929.

**Germany's New Idea**

A novel experiment in prison life in which "high grade" prisoners will be given two weeks' vacation a year, permitted to accept work from outside employers and given a share in the management of the prison, is about to be tried out in Germany.

**Captain Frank Romeo paddled a rubber boat from Lisbon, Portugal, to St. Thomas, Virgin Islands, 2,944 miles in 58 days. He was without escort and did not know how to swim.**



### New York University Given Valuable Papers

#### Early English Legal Documents Date Back 700 Years

A collection of more than 400 early English legal documents, some of them dating back 700 years, has been presented to New York University by Judge Moses H. Grossman in the name of Frederick Brown, real estate operator and philanthropist.

Among the collection is a 12-foot parchment "pipe-roll," made of a series of skins sewn together and kept in a metal tube. It records that a sheriff, Richard Pyle of Southampton County, collected Crowns in 1638 "from the Jews for protection from being defrauded from the knights," and "from the knights for license to defraud the Jews."

**RECIPES FOR THIS WEEK**

(By Betty Barclay)

#### CREAM OF POTATO SOUP

4 medium potatoes.  
2 slices onion.  
2 strips bacon.

Wash, peel, cut in cubes, and cook potatoe in enough water to cover until tender. Rub through a strainer. There should be 2 cups mashed potatoe and liquid. Add this mixture (left-over potatoe may be used) to 3 cups of thin cream sauce (3 cups milk, 3 tablespoons flour, 3 tablespoons butter). Season to taste. Add 2 tablespoons chopped parsley before serving.

A different flavor may be obtained by adding catup, leeks or celery instead of onion. Cut leeks or celery in very thin slices crosswise and cook in the potatoes.

**KIDDIES DELIGHT**

3 cups milk.  
3 eggs.  
4 tablespoons sugar.  
1 teaspoon vanilla.  
1/2 teaspoon salt.  
Few grains nutmeg.  
Few grains cinnamon.

Beat the eggs until very light. Add the sugar, salt, vanilla and spices, then the milk. Stir till the sugar is dissolved, then beat well. Serve cold.

To carry away static electricity from oil trucks, iron chains that dangle to the ground are fastened to the frames.

Some men make a specialty of getting into trouble.

England obtained the pattern for her early churches from missionaries from Italy.

Physicians have stated that a cough or a cold that lasts more than three weeks merits a general physical examination.

England obtained the pattern for her early churches from missionaries from Italy.

One of the attractions at Cannes, France, is a woman who lives on ground glass in a glass cage.

The world produced 1,323 million barrels of crude oil in 1928.

### SUNDAY SCHOOL LESSON

MAY 11

#### JESUS ACCLAIMED AS KING

Golden Text: "Hosanna to the Son of David; blessed is He that cometh in the name of the Lord; Hosanna in the highest!"—Matthew 21:9. Lesson: Matthew 20:20 to 21:6. Devotional Reading: Hebrews 1:12.

#### Explanations and Comments

Preparations For the Triumphal Entry, 21:1-6.—When Jesus approached Bethphage, on the Mount of Olives, not far from Jerusalem, he sent two messengers ahead to make preparations for entering the city, bidding them find in the village an ass tied, and a colt with her, which they were to loose and bring to him. It was necessary to obtain money to pay "the Lord hath need of them," and he would send them. The ass was the symbol of war; the ass, the symbol of peace; the palm, the symbol of victory.

The triumphal entry, 21:7-11. The disciples followed instructions and brought the ass. They put their loose robes upon it for Jesus to sit upon, and the multitude with them, shouting, "Hosanna to the Son of David." The branches in their hands were palm branches, although John 12:13, 14, had generally supposed that the people were palm branches, to make Jesus look like a rich ruler. We know from Revelation 7:9 that palms were carried as symbols of victory and rejoicing.

John tells us that many people expected the coming of the reign of Lazarus (which he records), hurried from Jerusalem to meet and do honor to Jesus, while following with Jesus was the other multitude of Galilee. This was the way to keep the Passover. Both crowds united in crying, "Hosanna to the Son of David."

**CANADIAN LITERATURE**

#### Efforts Of Our Writers Should Receive Loyal Support

The Sherbrooke Tribune says: "Many a man will pay fifty or seventy-five cents for some trashy American magazine, because he cannot make up his mind to buy a single Canadian book. Often enough, moreover, these are the very people who on every possible occasion proclaim their patriotism and their attachment to the things of their own country. Either they are utterly insincere, or their taste is pitifully deformed. The very real efforts of our writers to endow our country with a rich literature, solid and diverse in character, deserve better treatment than this."

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The world produced 1,323 million barrels of crude oil in 1928.

### DO YOU SUFFER FROM CONSTIPATION?

Countless remedies are advertised for constipation. Many relief for the moment but they are habit forming and must be continued. Others contain calomel and dangerous mineral salts which irritate the system settle in the joints causing spasms and pains. Some are harsh purgatives which cramp and gripe and leave a depressed after effect. Avoid these oils which only green the intestines and encourage nature's machinery to become lazy. A purely vegetable laxative such as Carter's Little Liver Pills, gently removing the stool, the bowels move gently, the intestines are thoroughly cleaned and constipation passes painlessly away. The stomach, liver and bowels are now active and the system enjoys a real tonic effect. All druggists 45¢ and 75¢ red pills.

### Important Letters Now In Dominion Archives

#### Canada Has Most Of Letters Signed By Sir John A. Macdonald

The first public document signed by Sir John A. Macdonald has been added to the voluminous collection of his papers gathered together by Dr. A. G. Doughty, curator of the Dominion archives. It is an affidavit signed by Sir John on October 6, 1834, upon his appointment as a poll clerk in the Upper Canada election in Prince Edward county. He was 19 years old at the time.

With the receipt of this letter, the Dominion archives now houses most of the important letters written by the first premier of Canada. Among the papers is the first draft of the British North America Act, in Sir John's handwriting.

#### Parachute Opens Itself

#### Was Pronounced Success In Test At Curtiss Field Recently

An automatic parachute which opens of its own accord after a jump, was demonstrated successfully at Curtiss Field by John Rungar, a professional parachutist. Rungar, his hands tied behind him, jumped from a plane at 2,000 feet. He landed safely in a tree.

So pleased was Rungar with the chute that he said he would jump from 20,000 feet with one. It was invented by John Ruby.

#### Would Rotate Building Stones

Suggesting that the various Canadian stones be used in rotation on projected Federal buildings, the Industrial Development Board of Manitoba has devised a plan to lay before the Dominion Government in which it is urged that future plans for building operations take into consideration the possibility of having various Canadian stones used in rotation, including the Manitoba Tyndall stone.

One of the attractions at Cannes, France, is a woman who lives on ground glass in a glass cage.

The world produced 1,323 million barrels of crude oil in 1928.

## Make Your Windows Pay

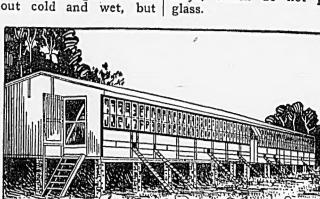
Invest in WINDOLITE Windows and you will be repaid a hundredfold in the health of your Poultry and Live Stock

### WINDOLITE

THE ORIGINAL GLASS SUBSTITUTE

MADE IN ENGLAND SINCE 1917 ON ORIGINAL PATENTS

This unbreakable glass substitute is light and flexible, easy to cut and fit, will withstand extreme changes in temperature, keeps out cold and wet, but allows the full sunlight to enter, including the health-giving Ultra-Violet Rays, which do not penetrate ordinary glass.



Canadian breeders of poultry and live stock are finding Windolite a most satisfactory and profitable investment. Young chickens and turkeys are entirely free from leg weakness and disease and will thrive in confinement under Windolite. Windolite comes in rolls any length, but 36 inches wide only.

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## Moderate Exercise Beneficial

If Steady It Adds To Life, But Cuts It Short If Violent

Nowadays one hears a great deal about exercise. It is fashionable to keep in trim, and a very good fashion it is too. Unfortunately, however, it is just as easy for a certain type of person to do himself harm by improper exercise as by not taking any at all. Too little is conducive to a weakly constitution; too much is apt to result in very serious consequences indeed. For moderation in everything, is an excellent motto and applies with especial force and significance to this particular problem.

Man is a creature of impulse and all too frequently we see a flabby, more or less middle-aged individual who for years has given himself over to luxurious and easy living, suddenly take it into his head to reform. He feels the need for more exercise, and so he suddenly puts on a whirlwind campaign of golf, or tennis or squash that would tax the energy of a man in perfect condition. Consequently when it is all over he has not only done himself more harm than good by straining the muscles and possibly organs, almost certainly overtaxing his heart and doing no good to his arteries, but he also has quite taken the edge from his desire to be a "man" and consequently settles down to another period of inactivity until once more a spasmotic urge moves him to action.

This sort of thing is decidedly harmful and even dangerous. Exercise should be steady, moderate, calculated to satisfy the particular needs of the individual taking it. It should continue from day to day and be kept up all the time. A good rule is, have a physician examine you before you go in for any form of recreation. The universities make this a rule. If it is a good rule for healthy vigorous young men to follow, it is certainly a better one for their fathers and uncles. Follow it, whatever your age might be, then if you observe the excellent practice of being regularly examined by your physician, you can consult him from time to time as to the suitability of the form of physical activity that you are practicing. The importance of some form of exercise for everyone's muscle development can not be overestimated. The muscles of the body are made up of many strands and these are composed of very fine fibres. The fibres are again divided into separate parts or segments, each one of which has its own blood and nerve supply. As we all know the muscles are so constructed that they must be used often because the more work they do the stronger they become. Everyone knows how weak a convalescent patient is upon rising from a sick bed after many weeks. Similarly if a man were to tie up his arm for a considerable length of time, he would find, when he did come to use it, that inactivity had robbed that member of all its strength. Usually the best exercise one can get is something that one likes to do. Fortune indeed is the man or woman who can play golf, or tennis, or swim, or play almost any game and get real pleasure out of it. Yet for those who can not there are many very simple and enjoyable exercises quite as good. One of these is walking.

A great doctor once wrote that the best way to acquire a good complexion is to take a pot of paint two miles from home and walk every day to see if anybody had saved it. But remember walking and strolling are two different things, and strolling is what most people do when they think they are walking. For the thing a good walker carries himself erectly, strides out, spreading the ground. Try the plan of setting yourself a certain distance to walk every day. If your time will allow, make it a good long walk. You will find this is one of the most excellent forms of exercise that you can take, and is in itself sufficient to keep the average person in ordinary good trim.

Select a destination two miles from your home. Start out with your

shoulders back, head up, chin tilted, arms swinging. In other words march along as though you were in the army. Wear comfortable, loose clothing and allow yourself half an hour to do the two miles. That is a programme which if carried out consistently, day by day, whenever the weather permits, will do a great deal towards improving the health of any one. Of course children are in a different class from adults as regards exercise, just as they are in most other matters, and the average small boy would get no great fun out of walking as a regular sport. But a rural child looks after their own exercise pretty well, and the parent has little cause for worry on this score, providing the child is kept out of danger and is regularly examined as every child should be by the family physician.

Children who are kept at home in houses that are apt to be overheated and poorly ventilated are at a great disadvantage compared to the healthy happy youngsters whose mothers encourage them to be outdoors every minute of the time that is possible, so that they can build up the health which is going to mean so much to them when they grow older. For much of a child's life should be made up of tag, base-ball, marbles, kite flying, paper chases, lacrosse, bicycle riding, rowing, paddling, swimming, skating, hockey, snowball fights, skiing and sliding, in its own season.

Of course children do not do any of these things because they think it is good for them. They play games because they like them, and if an adult will take a leaf out of childhood's book in this regard he will profit. Unquestionably exercise should be enjoyable. It should be a recreation, not a drudgery.

And of course one of the most important things about your physical programme is this: "try and keep in the outdoors." Gardening is excellent. The habit of taking photographs is an excellent one. If you have a car, leave it at home once in a while.

But if you cannot get out very easily and above all regularly then here are three little exercises that you will find very beneficial if you carry them out day after day. Suppose you try them just for a few weeks every morning when you get up, every evening when you go to bed, and watch the resultant improvement.

(1) Stand erect, feet together, hands at sides. Count one, raising arms sideways upward and inhaling through the nostrils. Count two, lowering the arms sideways to position exhaling strongly through the mouth. Repeat this exercise four times.

(2) Stand erect, hands on hips, feet spread. Count one, twisting and bending to the side, touching the hands to the floor at the side of foot. Count two, coming back to position again. Do this eight times, right and left side alternately.

(3) Lie on the floor face down, with palms of hands flat opposite shoulder pits. Count one, pushing body up until arms are straight. Hold the body straight, so that when you are up the body will be resting on the toes and the palms of the hands. Count two, returning to the floor. Do this eight times.

With these exercises you will not be getting any more exertion than you would if you were playing badminton. It just seems harder work. However, if badminton and that sort of thing is out of reach, these exercises will do just as much good, particularly if you do them in the fresh air. And if you go at them as if they are a game, and go at them regularly, your health will surely benefit.

### Prince's Country Home

Is Being Put In Readiness For His Return

An open air swimming pool in the garden is one of the many features of the Prince of Wales' new country residence, Fort Belvedere, at Sunningdale, Berkshire, which is now being put in readiness for the return of His Royal Highness. Work on other alterations which the Prince approved before his departure, is being rapidly completed.

In the centre of the house is an old guard-room, built by the Duke of Cumberland in 1745. This has been converted into a comfortable lounge hall. Other rooms, including the Prince's bedroom, open directly upon this hall. On one side is the dining-room, which also leads out to the garden, and on the other a drawing-room which has been converted from an old banquet hall.

### Ambulance For Desert

An ambulance service has been inaugurated in the Sahara Desert. It consists of eight planes governed by military authorities, and may be used by civilians at about 25 cents a mile. In the hot season pilots are allowed to fly only early in the day at low altitude.



"My rheumatism will not get better."  
"Have you tried baths?"  
"Yes, I had one once but it did no good."—Karikaturen, Oslo.

W. N. U. 1836



W. C. CASEY

whose appointment to the position of Steamship General Passenger Agent, Winnipeg, with jurisdiction over the three prairie provinces has been announced by William Baird, steamship traffic manager of the Canadian Pacific Railway at Montreal.

### Expecta To Make Record

"Empress of Japan" Will Speed Up Schedule On Pacific

While steamship lines on the Atlantic are bidding feverishly for supremacy by construction of larger and faster liners a milder form of competition is being enacted on the Pacific.

The Canadian Pacific Steamship Company is bringing to this coast a new liner which outshines anything in regular service on the trans-Pacific route.

When the "Empress of Japan," the modern version of the once proud clipper built liner of the same name, arrives here on August 10, a new race for trans-Pacific trade will be commenced.

The largest and fastest liner engaged in regular traffic on the Pacific coast will speed up the schedule of the company, giving as frequent a service between the Far East and this continent as is given by other lines with a greater number of ships.

The acquisition of the "Empress of Japan" will give the company a fleet of four liners on the trans-Pacific run. The fleet comprises the "Empresses of Russia, Asia, Canada and Japan."

While the "Bremen" and "Europa" are speed champions on the Atlantic the "Empress of Japan" on this coast will bid for the blue ribbon on the Pacific.

The "Empress of Canada" at present holds the record of eight days 10 hours and 9 minutes from Yokohama to Victoria. The nearest that any liner has come to this is 10 days.

### Worry Either Way

A Lenoir County farmer again has deposited his \$4,000 in a bank at Kingston, North Carolina, after keeping it buried near his home since 1920, when he became frightened over business depression. It was said the man worried continually for fear the money would be dug up by some one.

Brass is used to make 35,000 different articles for household use.

So perhaps we'll not think we are being old-fashioned if we look at the clock and say to Johnny: "It's getting late, son. Better get at your tables."

"Heat lightning" is the reflection of thunderstorm too far distant to be audible.

Boy criminals are becoming a serious problem in Ireland.

### A Valuable Study For Young People

Memorizing Arithmetic Tables Is Excellent Training For Mind

How often when we were little did we slam the old arithmetic down and declare that we were not going to learn any more tables because, well, what was the use of all the silly nonsense, anyway?

And now when we hear Johnny mumble like a magpie, 6x9 are 54, 7x8 are 56, for weeks on end, up and down the scale of abstract numbers, and in and out of the mazes of denominates ones, aren't we still inclined to think that such mental gymnastics, have lost none of their foolishness through the intervening years?

Well, if we hold that opinion without qualification, we are wrong. Because there is a much greater principle involved in memorizing uninteresting statistics than appears merely on the surface, and a benefit greater than the mere possession of off-hand knowledge.

Minds are like muscles, or horses, or steamboats, or airplanes—useless unless they submit to control.

It doesn't matter how fine a mind may be, it cannot do its greatest or best work unless it submits to discipline. We have to make it do our bidding if we want to get service.

That is why schools continue to teach certain things that may look to many modern parents as old fogey and dead-woodish.

Arithmetic, of course, is not all rote, nor a half, nor a quarter. Its problems are a direct stimulus to reason as well as memory. But under both these functions is the smashing test of discipline. We have to break a horse to the bridle before it can plow. We have to put a snaffle on the mind, with tables and measures, and propositions and theorems, if we wish to show it who is master.

No I wouldn't be to quick to pronounce judgment on any type of mathematics in school work, unless, if I may sidestep a minute, some particular work seems too far advanced for a child's years. That's not so good. To go back to the simile, you can't expect the colt to do work beyond his strength, whether he is broken to it or not. But this is no argument against arithmetic itself.

It has been brought to light that a child who for reasons of illness, or in opportunity during early youth, has escaped definite mental drill of either tables or things adequate to them, often grows up without the incentive of definite aim. He develops a "what's the use?" attitude and becomes a dilettante and a dreamer. He may be a genius, but what is a genius without direction of purpose? Only static genius accomplishes anything.

So perhaps we'll not think we are being old-fashioned if we look at the clock and say to Johnny: "It's getting late, son. Better get at your tables."

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### HAD NOTED ANCESTOR



Latest camera study of the Earl of Star, whose ancestor, the first Earl of Star, is record as having been the principal instigator of the terrible massacre of Glencoe, and who figures to this day in Scottish history as the "Glencoe Earl." The present Earl of Star is lord high commissioner for the Church of Scotland.

### Where Rain Seldom Falls

Seventy Years Drought Is Common In Parts Of South America

Many people, if asked what was the driest place in the world, would plump for Central Australia, where rain fell last year after a drought that had lasted for seven years. They would be wrong, says an English paper, for there are some parts of South America where a seven years' drought is nothing, and a man can live out the Psalmist's "three score and ten" without ever seeing a drop of rain. Of course, it may rain sometimes. Lord Ernest Hamilton has described the coming of rain in Lima, the capital of Peru, during a visit he paid there. "We were fortunate enough to be favored with the only shower which Lima had enjoyed for seventy years," he writes in his book "Fifty Years On."

"For five minutes it rained solid tropical rain. The terror-stricken inhabitants thought the end of the world had come." But if America can boast of some of the driest places in the world, it also contains some of the wettest. Greytown, in Nicaragua, has had as much 29 inches of rain in a single year.

### Shipments Were Reversed

Mink From British Columbia Sent Alive To North

The usual procedure of shipping furs from the Far North, has been reversed, and an order for three pairs of mink, bred and reared amidst the bright lights of Stevenson, a fishing hamlet south of Vancouver, was filled by J. A. Ramsden, fur farm operator, and landed on the shores of Great Slave Lake.

Instead of coming out of the wilderness to civilization as furs, the shipment went back from the seaside farm alive, as prospective progenitors of a new mink colony, and they covered the last 300 miles by airplane.

## Manitoba To Have Rural Health Unit

To Make the Country As Healthy as the City

Another province—Manitoba—is to try out the "County Health Unit" plan as a means of safeguarding rural health. Dominion-wide attention recently was focussed upon this plan, when H. E. Spencer, M.P., moved that the Federal Government consider subsidizing County Health Units, and the motion carried without division of the House.

Now the district of St. James, Manitoba, will establish a County Health Unit—or small, full-time medical department of health, staffed with a medical director, a nurse, a sanitary inspector and a clerk. The cost will be shared between the municipality itself, the Manitoba Government, and the Rockefeller Institute.

In this way, the province of Manitoba follows the lead of Quebec, Saskatchewan, and British Columbia, all of which provinces have County Health Units.

This Unit plan, which has been endorsed by scores of farmer organizations is unanimously chosen by public health workers as the only workable scheme that has been evolved, to date, for giving rural areas the same protection that big cities with their expensive, efficient Departments of Health have enjoyed for several years.

For years public health officials have realized that rural health management is totally inadequate. Canadian cities have reduced typhoid fever, diphtheria, maternal mortality, infant mortality and other menaces of life and health, until today the city is a healthier place to live in than the country. The rural areas have not kept step with the cities because their sparser population has not been able to afford the high cost of efficient health management. Part-time medical officers of health have not been able to cope with the situation.

Some years ago, Quebec led the way to a solution of the problem, when in Beause County, a full-time unit similar to that being created in St. James, Manitoba, was organized. Within two years it had saved between two and three hundred lives. Today Quebec has 17 such County Health Units and soon she expects to have 25.

The cost of such a unit is indicated by the budget of the St. James unit. This will cost \$10,000 a year. St. James will provide \$3,333.34 of this, the Rockefeller Foundation \$2,500.00, and the Provincial Government \$4,166.66. The Rockefeller Foundation will continue to render financial assistance over a period of three years, reducing the grant by one-third each year. The fourth year's operations will be financed fifty per cent. by St. James and fifty per cent. by the government.

According to Mr. Spencer's plan, however, St. James would only pay one-third, the remaining two-thirds of the cost being equally divided between the Province and the Dominion. The backers of the plan feel that the average rural community could not afford to pay as much as one-half of its health bill under the new plan.

### Canada Has Best Pulp Wood

There is no greater pulp wood in the world than Canadian spruce. In the paper industry white spruce is the most important raw material, and for that reason is chiefly responsible for the fact that there is at present an investment of \$600,000,000 in the pulp and paper industry in Canada with products valued at over \$220,000,000 annually.

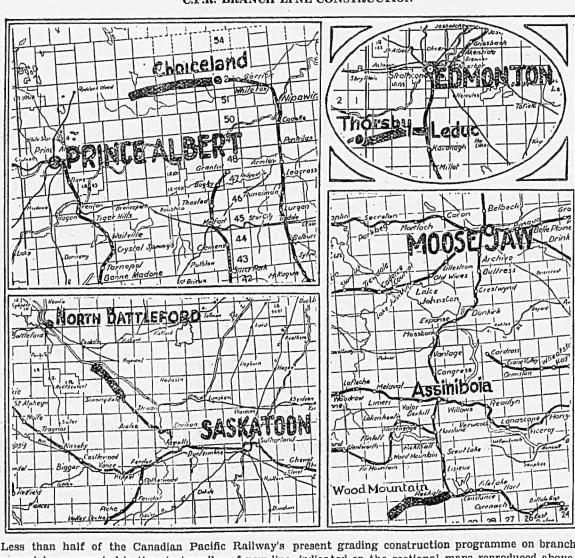
### The British Coat Of Arms

The lion and the unicorn used in the British coat of arms were introduced by James the First. The lion is common in the heraldry of England, and the unicorn had long been a favorite supporter in Scottish heraldry.

The Zeppelin is soon to make another annual trip. Our idea of a soft job is that of the man who gets out the Zeppelin timetable.



### C.P.R. BRANCH LINE CONSTRUCTION

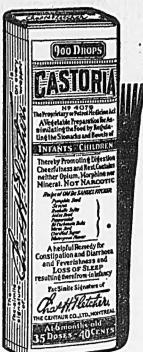


In the west is represented in the nearly miles of new line indicated on the sectional maps reproduced above. Contracts are let for these four sections of road, which touch Chico Island and Prince Albert, Sonningdale, Rockham in Saskatchewan, and Leduc-Thorsby in Alberta. It is expected that tenders will be let this month for a greatly increased amount of grading for branch lines. The roads pictured lead into some of the rich farming lands of Saskatchewan and Alberta. They are indicated by the heavy lines.

# When Babies FRET

There are times when a baby is too fretful or feverish to be sung to sleep. There are some pains a mother cannot put away. But there's no time when any baby can't have the quick comfort of Castor. A few drops, and your little one is soon at ease—back to sleep almost before you can slip away.

Remember this harmless, pure vegetable preparation when children are ailing. Don't stop its use when Baby has been brought safely through the age of colic,



diarrhea, and other infantile ills. Give old Castoria until your children are in their teens! When you're called upon for consultation, whenever there's any sign of sluggishness than need stronger medicines to relieve. Castoria is pleasant-tasting; children love to take it. By the genuine—with Chas. H. Fletcher's signature on wrapper.

## SILVER RIBBONS

—BY—  
CHRISTINE WHITING  
PARMENTER

Copyright 1929

CHAPTER X.—Continued.

Long after the dust raised by Jim's car had vanished, the old lady still watched the road at the point where he and Charnian had turned to wave.

"Well," she sighed, "I kind of wish I knew how it'll all end. I can't help being fond of Jimmy. He's a good boy, and he'll make some woman a splendid husband—that is, if she's not too fantastical in her way of thinking. Sometimes I believe that all there is the matter with him is just being tied too close to Wickfield. There he was, all ready to go to Harvard along with Billy Knowles, and that fool of a Sarah Bennett took on so about his leaving her that he gave it up and went into the bank instead. What Jim needs is a fresh outlook, but dear knows when he'll get it unless his mother should be removed by a merciful Providence, and she's uncommon healthy."

At this point Grandma's thoughts were interrupted by Lizzie Baker's Persian cat, which, being vigorously chased by the Merrys' Gyppy, took refuge in a horse-chestnut tree across the way.

"No need of you standing there glaring at her, Gyppy," admonished Grandma. "The good Lord knew what he was about when he gave pussy her claws. That's it, you dig up a bone and go along home peaceable, there's a good dog. I expect that'll die of heart failure some day."

Grandma nodded for a moment, and when her eyes opened her thoughts had returned to Charnian, Jim Bennett, and their problems.

"If Jimmy could only get so he'd see things the way she does—poetry, and sunrises, and small-paneled windows in old houses," she mused. "It would be all right. . . . Now that young doctor, he understands without explaining. . . . If Charnian let the biscuits burn while she watched a sunset (though come to think of it she never did do such a thing), why he'd just laugh about it. He's good-natured, and not too fussy about what he eats. I've no doubt he'd make her a more suitable husband than Jimmy Bennett would. . . . He's more her sort. . . . and yet—Good land alive!" she broke off suddenly, "Here comes Lizzie Baker on the run! I wonder is the Town Hall burning. I haven't seen her run for fifteen years!"

CHAPTER XI.

"What's happened?" asked Grandma, as her old friend puffed into the room and sank down breathless on the nearest chair. "You shouldn't run at your age, Lizzie, heavy as you are. Have you had bad news?"

**Instant Relief!**  
**Corns**  
**Sore Foot Lumps**  
**PUTNAM'S**  
**Corn Extractor**

W. N. U. 1836

can get rid of his wornout clothes and credit for being charitable at the same time."

"I dunno but what a string of beads would be more use to the heathen than that old silk hat the deacon found up attic and donated, last time we packed a barrel," answered Miss Lizzie. "It took up a powerful o' room, though I put a cracked butter dish inside it, and some woolen stockings. Savages are partial to beads, so I've always heard, as like as not the heathen are, too; and the beads would cover a little of their nakedness, which a hat wouldn't."

Grandma's lips twitched with amusement as she replied: "Somehow, Lizzie, I don't think Ed Purdie is counting on giving those beads to the heathen. Luella Moore isn't the only pebble in his pocket, and they used to say, and if she won't have him, he's likely to look further. May-be he'll ask you."

"Me!"

In her indignation Miss Lizzie tried to rise, but as she was what they call "fleshy" in Wickfield, and the chair was a small rocker with arms, which showed a tendency to rise with her, she sank back helplessly and said: "I'm ashamed of you, Grandma Davies! Why, I wouldn't take Ed Purdie, not if he was covered entirely with beads like the bag that city woman carried to the strawberry festival!"

"There! there!" soothed the old lady. "I didn't mean to get you all stirred up. If he did ask you, Lizzie, it would be the only sensible thing he's done since he asked his wife."

"Well," sighed the caller, relenting enough to smile at this tribute, "I dunno but what you're right, though fur's I know, no man has ever agreed with you. P'raps it's just as well, I've always thought a proposal would be a terrible embarrassing to live through."

Grandma's eyes twinkled. "There's nothing like Lizzie, under certain circumstances," she admitted. "You got to go this quick?" as Miss Lizzie made another effort to leave the chair. "If Charnian was only home I'd ask you to stay to dinner, but I guess we won't have much but a pick-up. She's gone over to South Wickfield with Jim Bennett to collect a mortgage or something."

"I seen 'em start." With a firm wrench Miss Lizzie extricated herself, and arose. "The glad that Jim has come to his senses and dropped that Darling girl. He ain't taken her out but once since the strawberry festival, and then his mother invited her to supper and he had to beau her home. And she leaves town the last o' the week. I declare, Grandma, I'll be a load off my mind, havin' her go. That green hat is a blot on the landscape, and when I see that young doctor of yours walkin' home with it after mail time last night, I know it's time to do something about it, or my name's not Lizzie Ann Baker."

"Did the walk clear to the house with her?" questioned Grandma eagerly.

"That he did! And lallygagged around the gate for fifteen minutes. Mrs. Merry says she's a vampire, whatever that is—notthin' respectable, I'll be bound. I meant to look it up in the dictionary, but I clean forgot. Dear me suz! I wish Ed Purdie would ask her!"

"My stars!" breathed Grandma, awed before this inspiration. "I wonder he hasn't thought of it himself, Lizzie. There's no fool like an old fool; and those yellow beads would have been real becoming to that Darling girl. Thanks for bringin' me the news, my dear; but don't you run so fast again or it might be a matter of life and death — to you."

(To Be Continued.)

Storekeeper: "Shall I draw the chicken for you, madam?"

Young Bride: "No, thank you. Your description is quite sufficient."

## FROM MOTHER OF EIGHTEEN

Read How This Medicine Helps Her

Carlston, Alberta.—"I am fifty-eight years old and the mother of eighteen children. We live on a farm and I am a very healthy mother considering that I have a big family to work for. The druggist first told me about Lydia E. Baker's Vegetable Compound and I have depended on it for many years.

When I had this bad fall, the photographer was telling me about his wife's ailments and after I told him about the Vegetable Compound he went to the drug store and bought two bottles."—Mrs. Anna Sallanbach, B.C., Carlston, Alberta.

Pompous Person (having collided with small man)—"I wish you'd look where I'm going, sir."

## HEADACHES

Needless pains like headaches are quickly relieved by Aspirin tablets as millions of people know. Aspirin may come upon you you can always be prepared. Carry the pocket tin of Aspirin tablets with you. Keep the larger size at home. Read the proven directions for pain, headaches, neuralgia, etc.



### Vienna Uses Science In Detecting Criminals

Can Convict Man Who Believes He Has Lost No Trace

Some may be inclined to smile at the idea of Dr. Wilfred Derome of Montreal, of a criminal laboratory for Ontario, but it is a valuable suggestion. Science has played an important part in murder trials, particularly in poison cases and in the analysis of spots of blood, but a criminal laboratory can go much further than that.

In no country has science been developed to such a fine art in criminal detection as in Vienna. Here is a case in point.

A man was found murdered with a pocket knife in his heart. The owner of the knife proved that it was stolen from him some months before, and that he had nothing to do with the murder. The knife was turned over to a professor at the university, who took it to pieces and analyzed the debris which had collected between the blades from the pocket of the man who had been carrying it. He found tiny pieces of twine from the lining of the coat pocket, and came to the conclusion that the coat was of a kind of yarn used by English manufacturers in the making of what are called "Norfolk coats."

With that clue, the police set about finding a Vienna tailor who sold English suits of that kind. They found him, and then by examining his books they checked up on the movements of all the men who had bought Norfolk suits within a certain time. Ultimately, they laid their man by the heels and he was convicted.

A criminal laboratory can convict a man who has committed what he may consider a perfect crime with out leaving any trace.

### Displayed His Originality

Mark Twain Started Literary Career On His Brother's Paper

Long-sought newspaper files containing original first works of Mark Twain, famous humorist, and described by him in his autobiography as representing "my first literary venture," have at last been discovered, in Hannibal, his native home. They reveal the boy, Sam Clemens (Mark Twain), in his teens, as substituting as editor of his brother's newspaper there, and striving to "liven up" the columns of the paper with his wit. His methods reveal him as even then richly possessed of the ingenuity he later instilled in his famed fiction characters, Tom Sawyer and Huckleberry Finn.

The return of Orion, to discover that his young brother had been making the paper "spicy," is indicated in an editorial, by the editor, May 13, 1853, saying that "Rambler and his enemies must stop their stuff." This editorial edict seems to have ended Mark Twain's fun, and what probably were his very first literary and journalistic efforts.

Was Queen Alexandra's Friend

Honorable Charlotte Knollys, companion and intimate friend of the late Queen Alexandra for more than half a century and one of the best known figures in court circles, is dead at the age of 95. Queen Alexandra frequently referred to her as "my beloved Charlotte," and on one occasion created a precedent by refusing to leave London for Sandringham at Christmas time because of the illness of her friend.

### Taft's Will Filed

The will of William Howard Taft, former president of the United States and former chief justice of the Supreme Court, has been filed. It leaves most of the estate to his widow with the exception of a few individual legacies.

COUNT Tolstoi, the Russian author, always went hatless and barefooted no matter what the weather.

Pompous Person (having collided with small man)—"I wish you'd look where I'm going, sir."

Minard's Checks Falling Hair.

### Made Long Journey

Tern Banded In Labrador Was Seen In Southern Africa

A common tern, member of the gull family, was banded in northern Labrador by Oliver H. Austin, Jr., in July, 1928. Fourteen months later it was seen and examined at the southern tip of Africa on the Indian Ocean, 8,000 miles away, which is thought to set a record.

The tern, or sea swallow, is usually smaller than the gull. Its bill is more slender, its feet not so strong, and its flight more graceful and dashing. The common tern is pure white with a cap and mantle of bluish gray and is sometimes hunted for its feathers. The all-white species live on Pacific islands; those with darker coats are widespread.

### KEEPING BABY LOVELY AND WELL

### If Skinny, Beware, Says Doctor. Gain Quick

New Ironized Yeast Adds 5 to 15 Pounds In 3 Weeks. New Health, Strong Nerves—Or No Cost

"Skinny folks subject to many gripes and maladies should eat a diet of ironized yeast. When sick they lack nerve strength and many die.

Don't run risk of dangerous disease from skinlessness. New Ironized Yeast adds 5 to 15 lbs. to weight.

Two great tonics in one. Weight-gaining yeast, and stomach-strengthening iron. Fair price for the unadulterated yeast. Results in half time.

Get new health and weight quickly. Get pleasant tablets of Ironized Yeast from druggist today. Eat great tomorrow. If not satisfied, manufacturer refunds your money.

### Little Helps For This Week

"They that seek the Lord shall not want any good thing."—Psalm xxxiv, 10.

Father replenish with Thy grace This longing heart of mine; Make it Thy quiet dwelling-place; Thy sacred, innocent shrine! Forgive that off my spirit wears Many sins, and bring me out of them; Enfold her in Thy changeless peace; So she from all that shall cease.

—Angelus Silesius.

God is Alpha and Omega in the great world; endeavour to make Him so in thy little world. Make Him thy evening epilogue and thy morning prologue; practise to make Him thy last thought at night when thou sleepest, and thy first thought in the morning when thou awakest; so shall thy fancy be sacrificed in the night, and thy understanding rectified in the day. So shall thy rest be peaceful, thy labors prosperous, and thy death glorious.

It Testifies For Itself.—Dr. Thompson as Electric Oil needs no testimonial of its powers other than itself. Whoever uses it for strengths of body for cuts or abrasions, sprains or burns, for pains in the limbs or body, well know that the medicine proves itself and needs no guarantee. This shows why this oil is in general use.

### Interested In Grain Show

The commissioner of agriculture of the state of Montana writes that there is much interest in the World's Grain Show in that state. The officials are encouraging growers to enter the contest most wholeheartedly and to begin the preparation of exhibits this season.

Mauna Loa, in Hawaii, is the largest active volcano and mountain-mass in the world.

Use Minard's for Burns.

The Spaniards were among the early explorers of the coast of Southern Alaska.



### Gyproc Gives PERMANENT PROTECTION

MADE from Gypsum rock, Gyproc Wallboard does not burn. And this year it has a new smooth Ivory finish that needs no decoration (when panelled) although you can tint, paper or plaster it if you wish.

Structurally strong, inexpensive, easily and quickly put up, Gyproc Wallboard gives permanent fire protection to the walls, ceilings and partitions of your home.

Your dealer's name is listed below. Ask him for complete details of this pioneer Canadian fire-safe Gypsum board or write for free interesting book, "Building and Remodelling with Gyproc."

GYPSCUM, LIME AND ALABASTINE, CANADA, LIMITED, Winnipeg, Manitoba

The NEW IVORY

GYPROC  
Fireproof Wallboard

26SW

**The Chinook Advance**

Published by Mrs. M. C. Nicholson every Thursday afternoon from The Advance Building, Main Street, Chinook, Alberta, and entered in the postoffice as second class mail matter.

All letters addressed to the editor for insertion in The Advance, must be signed to show bona fides of the writer. Publication of cases is subject to the judgment of the publisher. We do not necessarily coincide with views expressed.

The subscription rates to The Advance are \$1.50 per annum in Canada and \$2.00 outside of Canada.

The transient advertising rates in The Advance are—display 40c per inch for first week and 30c for each successive week, providing no change is made. For heavy composition an extra charge is made for first week. Reading notices, 10c per column line. Legal advertising, 15c per column line for first week and 10c for each succeeding week. Cards of thanks, \$1.00.

The Advance is a member of the Canadian Weekly Newspapers Association and the Alberta Weekly Newspapers Association, and observes the prices and conditions of these organizations.

**Heard Around Town**

Mr. and Mrs. W. M. Crockett and family, of Youngstown, visited with Mrs. Nicholson on Sunday.

Miss Margaret Young, of Hanover, spent a few days this week at the home of her parents, Mr. and Mrs. Jas. Young.

Evelyn and Everett Vennard (twins) gave a party to a number of their little friends on Saturday, May 3rd, the occasion being their eleventh birthday.

Harmon Vanhook entertained a number of his boy friends, also Mr. Korek and Mr. Evans of the teaching staff, to dinner Friday afternoon, the occasion being his birthday.

The regular meeting of the W.I. met at the home of Mrs. Rideout on Wednesday afternoon, with an attendance of 16 members and two visitors. It was voted to send a delegate to the convention in Calgary May 20 to 23, and also to have a refreshment booth on Sports Day, July 1st. Mrs. Sel Kirk, constituency convenor, was present and addressed the meeting. Mrs. Hurley gave an interesting paper on Child Welfare and Public Health.

Mrs. C. E. Neff, who has been spending a week with her daughter, Mrs. J. C. Turple, returned on Tuesday.

Misses Ida Marcy, Muriel McIntosh and Ethel Young returned to Calgary on Monday to resume their studies at Normal school.

Owing to holding the half holiday on Wednesdays the Ladies Aid meeting has been changed to Thursday and will be held next week at the home of Mrs. C. W. Rideout at 3 o'clock p.m.

A charge has been made in the date of the annual sports day in Chinook. Owing to the fact that the date formerly set interfered with the school examinations, the committee in charge have decided to hold this event on Tuesday, July 1. A base ball tournament, children's sports and other exceptional attractions will be the program of the day, ending with a grand dance at night. The committee appointed will spared no pains in making this event the greatest ever held in Chinook.

**Collholme Collections**

The district has been thoroughly revived by the recent rains of Monday and Wednesday of last week. The pastures have been especially beautified by the showers, as they are already turning very green. Seeding is just about completed.

Miss Estelle MacKinnon was ill for a short time last week with a cold.

Mr. and Mrs. A. V. Brodin and family visited in the district on Sunday.

Horse shoes are being played these days in the Collholme school yard. Grades I. to X. as well as the teacher are anxious to learn the art of ringing the peg. Unfortunately the willing players have no expert to teach them. James Wilson is the referee.

N. D. Stewart suffered from a severe cold over the week.

Miss J. G. Morrison, R.N., was called on Sunday by Dr. Esler to nurse at the Ford home, on the Hocart farm. Mrs. Ford is very ill with pneumonia.

Miss Pearl Stevenson was the soloist in the Sunday school on Sunday last. Mrs. W. Wilson and Mrs. C. B. Brown sang a duet during the service. Elmer Spree man will be the artist in the near future.

In a very few years we hope to be able to see J. C. Turple stand back and watch his two very capable sons execute their abilities in whichever way they choose.

Mr. Horne, the Rawleigh man, was in the district last week.

Mr. and Mrs. C. B. Brown and family and Messrs. Brown and Wilson spent Sunday at the home of Mr. and Mrs. W. W. Wilson.

The business of changing batteries of W. S. Lee and Cooley Bros. may be reduced some if Walter Spreeman ever perfects that windmill which he is modeling to run a generator. The only problem is—when to get a generator and how to fix it.

Twin calves arrived at the N.D. Stewart farm a short time ago.

**Small Advertisements**

Advertisements under this heading are charged at the rate of 50c for 25 words or less per week, with 10c for each additional 5 words. Three weeks for the price of two.

**WANTED**—The news from every part of the Chinook district. Send it in.

**FOR SALE**—Banner seed oats—S.A. Wilton, section 5-26-7, Rearville P.O., Chinook, Alta. p1-3

**FOR SALE**—Second hand C.M.C. Motor Bike, 22 inches in good condition. Apply at this office.

**FOR SALE OR RENT**—West half of section 33-29-7-4, 5 miles due north of Chinook small house, barn 24x30 with shingled roof, 2 granaries, flowing spring, 160 acres broken. For information, write D. Needham, general delivery, Calgary, Alta. p2-4

**Church Announcements**

Bible study will be held at the A. V. Roberts home on Friday evening, May 9, at 9 o'clock.

**CHINOOK UNITED**  
Sunday School every Sunday 11 a.m. Sunday, May 11—Service 7:30 p.m. You are cordially invited to worship with us.

Pastor, J. D. Woolatt, B.A.

**CHINOOK CATHOLIC**  
Service Second Sunday Every Month Mass at 8 a.m.

**Canada, Argentina and Russia** lead all other countries in buying power farming machinery from the United States.

**MAIL CONTRACT**  
SEALED TENDERS, addressed to the Postmaster General, will be received at Ottawa until noon, on Friday, the 6th June, 1930, for the conveyance of His Majesty's Mails, on a proposed Contract for a period not exceeding four years three times per week on the route, Excel Rural Route No. 2, from the 1st October next.

Printed notices containing further information as to conditions of proposed Contract may be seen and blank forms of Tender may be obtained at the Post Office of Excel, Alberta, and at the office of the District Superintendent of Postal Service.

J. B. CORLEY,  
District Superintendent  
of Postal Service.

District Superintendent's Office, Calgary, Alberta, 24th April, 1930.

J. B. CORLEY,  
District Superintendent  
of Postal Service.

District Superintendent's Office, Calgary, Alberta, 24th April, 1930.

**ONE ROAD TO INDEPENDENCE**

**Alberta 4%**  
**Demand Savings Certificates**

DENOMINATIONS, \$5.00 TO \$10,000.00  
PAYABLE ON DEMAND

For further particulars write or apply to  
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PARLIAMENT BUILDINGS, EDMONTON, ALBERTA

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1930  
WALL  
PAPERS

are here. See them. Prices ranging from 10c per roll up

**FOR SALE**

640 ACRES—Section 34, Township 28, Range 8, west 4th Meridian—\$6000; one-third cash balance arranged; full particulars.

**I. D. RAE**  
Royal Oak Hotel, Burnsby, Kinsgway,  
VANCOUVER, B.C.



CROCUS LODGE, No. 115, A.F. & A.M. meets at 8 p.m. on Wednesday on or after full moon. Visiting brethren cordially welcomed.  
Jas. Reusie, W.M. R. W. Wright, Sec.

**VACATION TIME**

go for a week, a month or more, out go!

**DELIGHTFUL RESORTS  
FROM COAST to COAST**

offer ample scope for your favored recreations . . .

**EAST**

**M**INAKI MUSHOKA LAKES, 1000 miles east of Edmonton, are among the resorts in Ontario which is a veritable land of Heart's Desire. In this province there is a resort to suit every taste and purse.

**I**N ANCIENT QUEBEC—The Vacation Land of Romance, where old-world customs and landmarks still abode. Many lovely spots, such as St. Lawrence, in the heart of French-Canada.

**T**HE PROVINCES BY THE SEA—Sea-side rocks and woodland playgrounds abound in the Maritime Provinces. Fishing, sailing, forest rambles make each day a joy.

**WEST**

**C**ANADIAN ROCKIES—Visit the playgrounds of Canada's West. The Westland is a land of mystery, covering bold mountain ranges. Stop over at Jasper National Park—enjoy its super hotel service—tennis—golf—hiking and mountain climbing. Jasper Park Lodge open May 21 to September 30th.

**T**RIANGLE TOUR—Western Canada Jasper, the scenic jewel of the Rockies. Touring the mystic Skeena to Prince Rupert—by boat through the Sheltered Seas of the North Pacific to Vancouver—back through the amazing mountain scenes of the Rockies—returning by the Peace River.

**T**HE GREAT PACIFIC—Take a boat trip to Alaska—land of Romance, Charm and Mystery. The segmented Canadian National Railways Alcan fleet offers a twice-a-week service from Vancouver or Prince Rupert. Excellent hotel service—fishing—hunting—skiing—rafting by the White Pass and Yukon Railway, following the famous Klondike Trail of 1898—a succession of thrills and a constant panorama of magnificent scenery.

**Travel CANADIAN NATIONAL System in America**

May 15th to Sept. 30th  
Final return Oct. 31st

**CHOICE OF ROUTES**

For full information ask any Agent of the Canadian National Railway.

**FRANK V. HOWARD**

A.L.C.M.

Visits Chinook Every Saturday

**PIANO, THEORY and HARMONY**

TERMS: \$1.00 PER LESSON

Pianos and Organs Tuned and Regulated

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ALL WORK GUARANTEED

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MEALS AT ALL HOURS

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Cigars, Tobaccos, Soft Drinks,  
Candies and ice Cream

**Chinook Cafe**

Meals and Lunches Served at Any Time. Ice Cream and Candies  
MAH BROS., Proprietors

**WALTER M. CROCKETT, LL.B.**

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NOTARY PUBLIC

YOUNGSTOWN, ALBERTA

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Prompt Service, Prices Reasonable

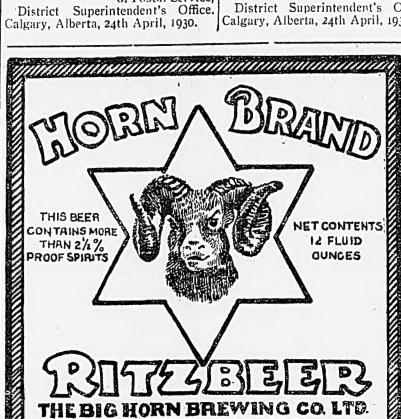
M. L. CHAPMAN .. Chinook

**J. W. Bredin**

Licensed Auctioneer

For Date Photo 4 or Write Box 49 CEREAL

Frances Meade, 14, of Keokuk, Ia., who fell from a train going 50 miles an hour and was unhurt, said she enjoyed the experience.



a new brew

RITZ  
BEER

Produced from Choice  
Saaz Sealed Certificate Hops, Selected Rice and Malt

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